

It's frustrating, aggravating, confusing, and can cause deep emotional pain. This person either enables the hoarder / clutterer, OR disables the relationship. Like all emotions, we move towards what we like and move away from what we don't like. Sometimes the movement is not physical, but emotional. There is help for your loved one and you are welcome to call us for help, but not help for them, help for you! We will coach you in the steps on how to handle your situation.

Third Parties

A third party is someone like a neighbor or a friend who is concerned about the hoarder or clutterer. We do not make outbound calls, but what we can do is coach you through some techniques that will help a third party navigate through this delicate situation.



Contact Us

YOUTUBE

Subscribe to our Channel: **HOARDINGFACTS**
See us in action! "Caught on Tape" airs frequently on MSNBC. There are many videos for your viewing.

FACEBOOK

Like us at: **Disposophobia**
See what we're up to both personally and professionally.

LINKEDIN

Connect with us at: **Hoarding-Expert**

TWITTER

Follow us at: **HoardingCoach**

SKYPE

Skype with us at: **icanplan**
Have a face to face conversation with us from anywhere in the world.

DISASTER MASTERS®

**The RIGHT people to call
Before things go WRONG**

1-800 The Plan (843-7526)

*Are you serious about getting out of
clutter?*



www.disposophobia.com

***Contact us to schedule an assessment
today***

info@disposophobia.com

CALL ANYTIME 1-800 THE PLAN
EMAIL US: info@disposophobia.com
FIND US AT: www.disposophobia.com

Why Choose Us?

We have been in business long enough (over 30 years) to know what works and doesn't work for hoarders and those affected by varying degrees of disposophobia. We know the difference between trash & treasure, and how to make decisions for those who are not willing or not capable. When choosing us, you are working with a company who has the expertise to know what the beginning, middle and end looks like. We do NOT write a number on the back of a business card, nor do we give free estimates. Unlike others, we charge for our appraisals because we address your issues the moment we start to consult with you. We don't guess what needs to be done, or guess how long it's going to take to achieve your objectives. Choosing us versus others means you want the oldest and most experienced professionals in this field. We can say with absolute certainty we were the FIRST in the industry and therefore the most experienced. People choose us because we are compassionate about what we do and understand that your problem that needs to be solved immediately with skill and efficiency. You choose us because we understand what matters; you!

Our Experience

We started working with hoarders and disposophobics back in the 1980's. Our experience ranges from installing carpets, to coaching on insurance claims. We know how to handle all things structural. As far as behavior modification goes, we believe coaching is the best way. We are trained hypnotherapists. We are understanding, non-judgmental project managers, who always have the client's best interests at hand. We always want what is in the best interest of our clients. We love helping people be the best they can be. We love solving clutter issues and we love working with all types of people. We always have one objective in mind when we are hired, put the client in a condition in which they are completely free of this problem once and for all. We think the condition of disposophobic hoarding more often than not is a temporary lifestyle, and does not have to define a person. We like to prove that one client at a time.



We are Future Focused

It's not so important how things got the way they are. We understand the core issues start with depression. What we do want to explore is what the future looks like. Where will the client be living in the next few years (if the client is living)? Is it worth the renovation or is it cheaper to move? Is it time for the client to start taking better care of themselves? Does the client need a home health aide? Are their contents ready to go to other homes, or charitable organizations? These questions (and many more) are what set the project objectives into motion. Most importantly, if the client doesn't know the answers we are qualified to coach them through it. There is no situation we cannot handle. Whether forestalling an eviction, downsizing, relocating, or simply a clean out, we do it all.

Our Solutions Work

Every disposophobic hoarder's situation is unique, but when one has been doing this type of work and reaping the success we have with these types of clients for so many years, we have gained tremendous confidence that our solutions for hoarding work. We are able to share referrals with you upon request, but we have to know your exact situation so that you can speak with someone who has experienced similar circumstances, remember, every situation is unique. Our solutions are long term because we address the long term issues first. Regardless of if you are a disposophobic hoarder or just a cluttered disposophobic and you have accumulated your way out of living in a habitable dwelling, we are here to FIX the situation.

Get Help Now!

There is no time like NOW. It took years for the situation to get to where it is today. One does not accumulate a hoard, or clutter a home to an uninhabitable condition in a day. Just think, it may have taken years to get this way, but it will merely take several days to get things on track. The longer one procrastinates on fixing the hoarding or clutter issues, the more involved the recovery project becomes. In addition, the more time one waits to address the hoarding and clutter issues, the more one is delaying living the best they can live.

Individuals

When an individual calls us on the phone, we know that is the SECOND step to recovery. The FIRST STEP is that the individual THOUGHT about changing their situation, the second step was reaching out for help. No matter your situation, when an individual calls they need to be ready to answer some tough personal questions. This is the only way to get answers about the future!

Families and Children

If you are the spouse, a relative, or a child (young or old) of a hoarder or an extreme clutterer, it hurts.